

Mental Health & Recovery
Services Board of Allen,
Auglaize and Hardin Counties

Prevention Action Alliance

Drug Overdose Survivor Support (DOSS)

Partnership for Violence Free Families & Mental Health Recovery
Services Board of Allen, Auglaize, and Hardin Counties



Welcome to Our Session.....



Rick Skilliter



Donna Dickman

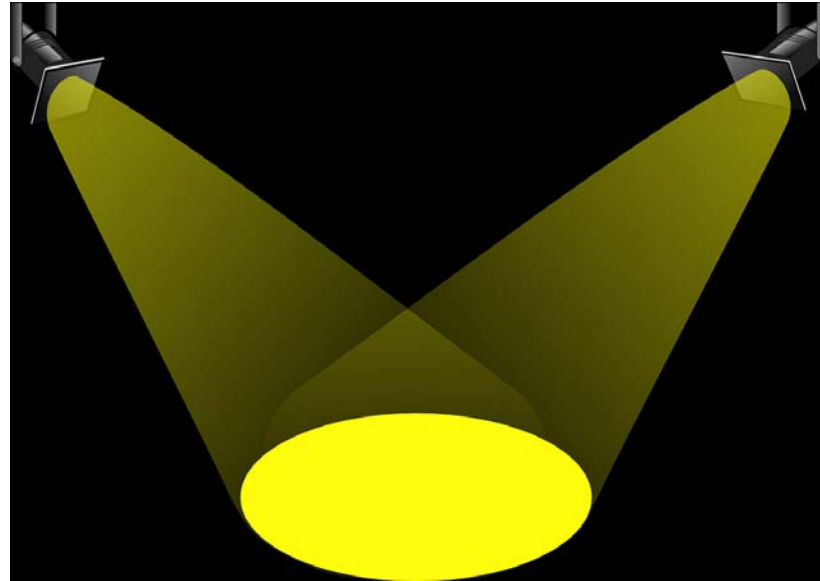


Chris Estes



Who's joining us today?

- Please share your name, agency (if any), and what lead you to join us for this session today....



Session Goals/Objectives

- Participants will understand community partnerships' importance in identifying gaps in service to survivors and supporting planned initiatives
- Participants will learn why the need for immediate response to families at the time of a drug overdose death is crucial
- Participants will hear of the LOSS Team model upon which the DOSS Team initiative was built
- Participants will take away an operational model to develop an immediate response team in their local community



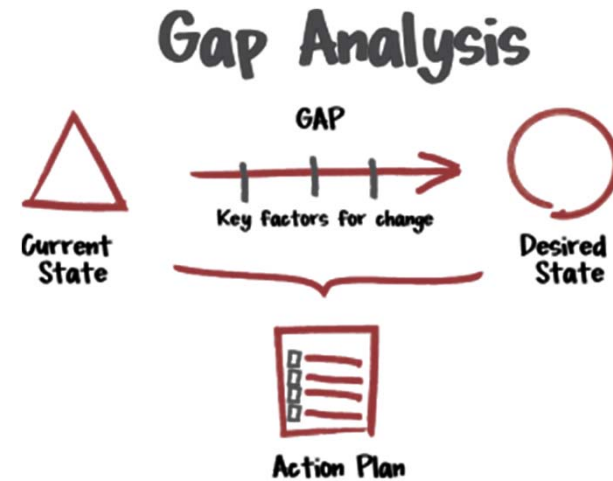
Why we're here....

- While talking with the folks from Prevention Action Alliance, we realized what we've developed for the Allen-Auglaize-Hardin Counties region was unique and there were likely other communities throughout Ohio looking for information on how to start similar programs for their community members
- We strive to share our view of comprehensive post-vention programming and the various applications and audiences that might benefit from timely response
- Disclaimer – keep an open mind, heart, and vision as we talk, nothing is intended to be a judgement on people, services, or opportunities that exist “out there”



The Need....

- Behavioral Health Requests
- 2016 Data
- Recently Bereaved Support



Rather than Recreate the Wheel....



- The LOSS Team Model
- The Survivor's Perspective – Why It Works
- Wrap Around Services Developed

MHRSB Program Initiative....

- Proposal and Budget Submitted
- Postvention Mental Health Response Coordinator Hired
 - Rick's background as a retired police chief, EMS/fire service member, instructor, and Critical Incident Stress Management leader brought together a multitude of experience and credibility the program needed



How we developed DOSS....

- By adapting the existing LOSS model, we tweaked the program to address information on addiction and working to combat the stigma associated with deaths as a result of drug use (overdose)
- An on-going recruitment campaign started in the fall of 2017, with 9 initial participants, which has grown to 16 as of last week
 - We look for loved ones with lived experience who are at a place in life to call upon someone who has just learned of their loved one's death
 - We also look for community members who can provide a “compassionate presence” when calling upon the family
 - Ideally, the response team is comprised of one or two of each of the above



What does it take?

- At the same time we were working on recruiting, we developed an outreach strategy to get community support and buy in...
 - Met with local law enforcement leaders
 - Will be attending rollcall briefings to connect with line officers
 - Outreach to funeral home directors
 - Connection with hospital



DOSS Training....

- Team members participate in roughly 12-14 hours of training to respond....
 - Adult Mental Health First Aid – 8 hours
 - Global look at addiction, sudden loss, and team operations – 1.5 to 3 hours
 - Naloxone (Narcan), Compassionate Presence and Listening Skills, Crime Scene Etiquette, Interaction with Law Enforcement, and Office of the Corner/Funeral Home Interaction – 1.5 to 3 hours



DOSS Response...

- As designed – Law Enforcement or Hospital calls our 1-800-567-4673 24/7 activation line.
- Upon notification (law enforcement, funeral home, media), a text message is sent out to the trained team members to poll who is available to respond
- Team of at least two, more appropriately three, will respond to the identified location, and...
 - Make contact with law enforcement if still on scene to check in
 - Connect with loved one(s) with information packet (*special thanks to Logan / Champaign County DOSS for sharing resources*)
 - Funeral visitation/viewing



DOSS Support...

- Drug Overdose Survivor support groups were established in each of the three counties to provide on-going opportunities for community connection
- Youth support group was developed for adolescents who have lost someone
- You Overcoming Usage (YOU) groups were developed to support adolescents active in recovery who are too young for AA type programming



DOSS & Other Follow Up...

- Cards are sent to recognize the family's loss – about six weeks after death, Christmas holiday time, anniversary date of death
- This will happen for five years or until we are asked to discontinue
- August 21st is International Drug Overdose Survivor Day
- For resuscitated individuals, our region has a Quick Response Team (QRT) that responds to hospital emergency departments to provide peer support/coach as a resource to try to connect them to services
- For AMA people, law enforcement and EMS can give their report demographics to our crisis folks to visit their home to connect with them.



How to Start A Program...

- Conduct a needs assessment / gap analysis for your community
- Get buy in from key partners (MHR SB/ADAMHS), coroner, law enforcement, mental health providers, community members
- Establish a budget and funding sources
 - Salary/administrative cost
 - Training
 - Background checks – BCI & FBI
 - MHFA
 - ID
 - Handouts
 - Marketing



Lessons Learned So Far...

- Overcoming stigma continues to be an issue, even at the funeral home door
- Broken family dynamics makes for unique interaction and non-traditional visitations
- Public safety officers have short memories and heavy case loads, so don't be discouraged when they "forget" to call
- People don't know what they don't know – quit "asking" if they want the team called, and just make the call



Thank you for your time we will now entertain any unasked questions or offer the floor for a comprehensive discussion.

Thank you for joining us on this very necessary discussion and program opportunity.

