



# The G.A.P. Network

A program of Prevention Action Alliance

## May Newsletter



Together, we can show families affected by Substance Use Disorder that they're not alone. Let's unite in solidarity with other walkers and runners and support those who have lost a loved one to addiction and celebrate those who are living in recovery today. All funds raised will support Shatterproof's mission to end the devastation addiction causes families.

Shatterproof is the only organization with a national event series dedicated to

to ending the devastation addiction causes families.

**WHAT SHATTERPROOF DOES:**

- Provide evidence-based resources for substance use disorder prevention, treatment, and recovery.
- Work to end the stigma of addiction
- Foster a community of support for families.
- Advocate for changes in federal and state policy

Shatterproof takes on federal and state advocacy battles, mobilizing families affected by addiction, and providing them with a platform to make their voices heard. Your advocacy support has helped 15 states pass life-saving legislation: broadening access to lifesaving naloxone, strengthening prescription drug monitoring programs, and ensuring prescriber practices align with CDC guidance on opioids.

**Walker registration is FREE!**

Runner registration fee:

\$30 until 10 days before the event

\$40 - 9 days before event

\$50 - day of event

## EVENT HIGHLIGHTS



### Community Village

A space where local organizations showcase substance use disorder resources.



### Why I Rise Up

Share why you're rising up with a custom race bib.



### Memorial Gallery

Featuring photos and stories of our lost loved ones who we miss so dearly.



### Event T-shirts

All participants who raise \$100 or more receive a Rise Up Against Addiction t-shirt.



### Celebrate Recovery

Unite with hundreds of others in recovery to celebrate your journey.



### Team Village

Create a team with your friends, family, or colleagues! You'll receive team photos and other special benefits.

## Shatterproof Memorial Gallery



As a tribute to those who we miss so dearly, Shatterproof will display photos and stories of our lost loved ones in our Memorial Gallery. This Gallery area will be a special place at the event to honor those loved ones we've lost to this

disease and connect with other families.

If you have someone you would like to honor, we invite you to bring a 4x6 photo of your loved one and they'll help you create a memorial for their Gallery at the Shatterproof Rise Up Against Addiction 5K Walk/Run. On event day, you can visit the Memorial Gallery and pick up a photo holder lanyard so you can keep your loved one close to your heart throughout the day.

[Cleveland Brochure](#)

[Register for Shatterproof 5K](#)

[Learn More About Shatterproof](#)

## JOIN US IN CLEVELAND

Sunday, June 3  
8:00AM

Voinovich Bicentennial Park  
East 9th Street Pier  
Cleveland, OH 44114

*\*TIMES SUBJECT TO CHANGE*

**Register Today!**  
[shatterproof5k.org/cleveland](https://shatterproof5k.org/cleveland)

**174 Americans**  
**die every day**  
from drug  
overdoses.

Nearly **90%** of  
people who  
need treatment  
do not  
receive it.

**Shatterproof:  
Telling Brian's Story at April's Congressional  
Roundtable**

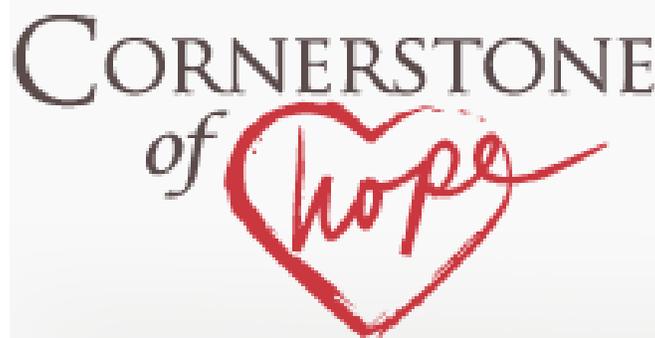
Gary Mendell's son Brian was a bright, promising kid who suffered from a disease. But because the disease he suffered from was addiction, Brian was never treated like a patient. He was treated like an outcast. The shame and stigma of this disease always weighed heavily on Brian, even as he began to recover. That's why six years ago while still substance-free, but seeing no end to his suffering, Brian took his own life.

Yesterday, Gary shared Brian's story at the House Energy & Commerce Committee's Subcommittee on Health roundtable focused on "Personal Stories from the Opioid Crisis."

[Brian's Story Article](#)

[Personal Stories for the Opioid Crisis \(Video\)](#)

## Bereavement Facilitator Training Opportunity



Tyler Begley will be attending the two day training happening this month to become a certified Bereavement Facilitator. The training comes with 7 CEUs for Nurses, Social Workers, and Counselors. You do not need a prior academic certificate to sign up for the courses. If you wish to learn more about helping the those going through their grief, click on the button below to view the course flyer.

[Facilitator Flyer / PDF](#)

# Journal Expressions Series: Forgiveness

G.A.P. Advisory Council Member, Gretchen Addison



Click on the button below to open the prompt for the second installment of the Journal Expressions Series

Journal Prompt

Will you join us in starting a journal?

Yes

Select

No

Select

## Scorecard Shows Some Ohio Opioid Programs Working, More Access to Available Addiction-Prevention Programs Needed



New research is assessing the extent of drug addiction in Ohio and how the state is tackling the problem.

Of the adults questioned in the 2017 Ohio Health Issues Poll, 27 percent said

they had a family member or friend who had problems as the result of using prescription painkillers, and 23 percent knew someone with a heroin problem.

[Cleveland Scene News Article](#)

## Solutions From Local Opioid Forums Presented to State Leaders

The logo for Dayton Daily News, featuring the words "Dayton Daily News" in a white serif font stacked vertically on a blue square background.

Proposed solutions to Ohio's addiction crisis that grew out of a collaboration between journalists and local communities will be presented to Gov. John Kasich's office.

[Dayton Daily News - Scorecard Article](#)

[Ohio gets \\$26M Federal Grant to Target Opioid Crisis - Article](#)

## Gov. John Kasich Proposes New Opioid Rules for Chronic Pain Patients





Gov. John Kasich and Dr. Mark Hurst, medical director of the Ohio Department of Mental Health and Addiction Services, announced new rules for physicians working with chronic pain patients

[News Article](#)

## The Crisis Next Door - A Message From The President



[Crisis Next Door Website](#)

## U.S. Surgeon General Issued Rare Public Health Advisory

[More Americans Should Carry Naloxone That Reverses](#)

# Opioid Overdose

Public health advisories are a rarely used tool reserved for issues of pressing importance to the American public. Before Thursday's naloxone advisory, one had not been issued since 2005, when then-Surgeon General Richard Carmona warned women about the potential effects of drinking alcohol during pregnancy.



## Surgeon General's Official Advisory

## Lessons from National Rx Drug Abuse & Heroin Summit and 6 Actions Families Can Take

### NEWS-HERALD

Ohio House  
Recognizes Faith-  
Based Efforts to  
Combat Addiction

News Article

### The Washington Post

Opioid Deaths Prompt  
Ohio to Re-imagine  
Classroom Lessons,  
Starting With  
Kindergarten

News Article

# FED UP!

RALLY FOR A FEDERAL RESPONSE TO THE OPIOID EPIDEMIC  
\*Opioids are narcotic painkillers & heroin

## 6th annual FED UP! Washington, D.C. Rally

For almost a decade, the FED UP! Coalition has been unifying families, organizations, and allies from across our nation who've stood together in an alliance to end the opioid epidemic. With another year of increased deaths and the change of power in our federal government, this year we're planning our 6th annual FED UP! Rally in Washington D.C. and another #OpioidMarch to bring awareness to the need for action now.



## Ohio State Study with Dogs Aims to Help Kids Impacted by Opioid Crisis

News Article

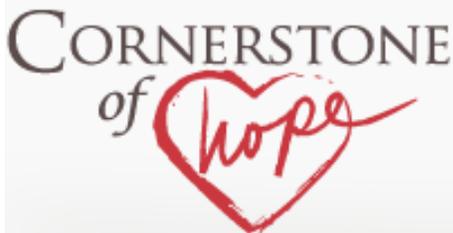


FED UP! Website



## Opioid-Overdose Antidote Becomes More Common In Ohio Schools

News Article - Audio



## A Center for Grieving Children, Teens, and Adults - Summer Grief Camps for Youth

Cornerstone of Hope offers four summer bereavement camps for grieving children and teens who are looking to

## G.A.P. Network Map



G.A.P. Network members map is up on our new website at [preventionactionalliance.org/gap](http://preventionactionalliance.org/gap).

Please take a few moments to look over the map and send any updated information or changes [by email to Tyler Begley](mailto:tylerbegley@preventionactionalliance.org)

View the Map

meet others who have experienced a similar loss.

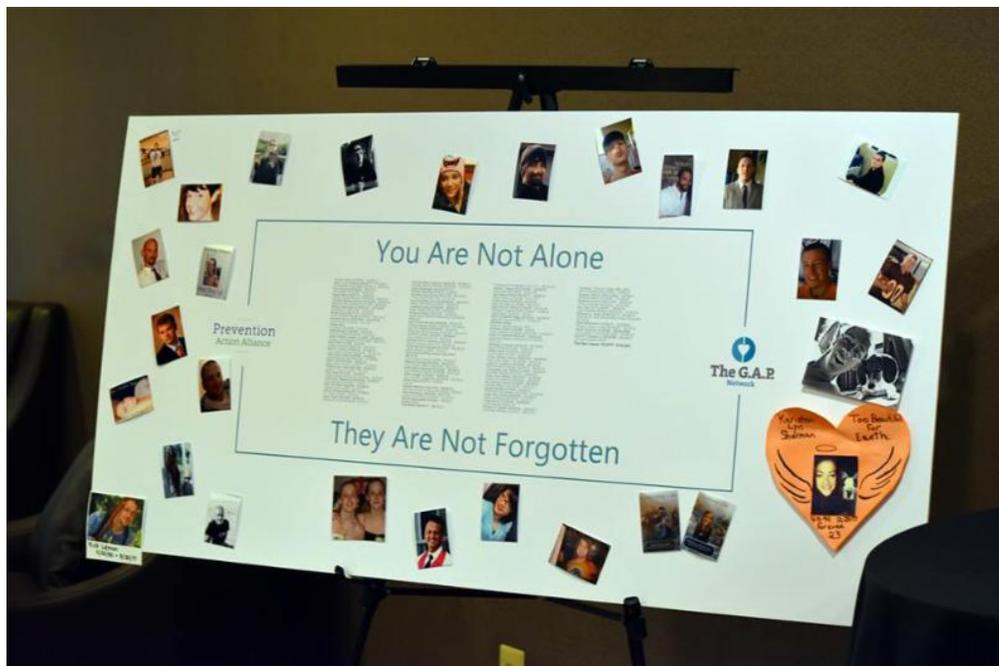
During the camps they will participate in age-appropriate grief activities led by professionals and also have the chance to go on field trips, play fun high-energy games, and experience challenging activities. **All camps are free of charge!**

Cornerstone of Hope provides breakfast, lunch, and snacks at their day camps. At their overnight camps they provide all three meals as well as snacks and drinks through out the weekend.

**List of Camps and Retreats**

## Memorial Banner

The opioid epidemic has devastated Ohio. Currently, 14 Ohioans each day are passing away due to substance misuse, and each one of them is loved by someone. You are not alone in your grief. Here we remember those people as the fathers, mothers, sons, and daughters that they were. They are not forgotten. If you would like to make a submission to the Memorial Banner, please contact Tyler Begley at [tbegley@preventionactionalliance.org](mailto:tbegley@preventionactionalliance.org).



## Memorial Banner Web Page

Is the content of this email relevant to you?

Yes

Select

No

Select



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Questions? Comments Suggestions?

[Click here to email Prevention Action Alliance](#)

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Prevention  
Action Alliance

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