



# Vaping Prevention and Intervention Resources for Educators and School Administrators

At Prevention Action Alliance, we believe everyone has a role in prevention, and we know that Educators and coaches can have a strong influence on the students they work with, including when it comes to discussions about vaping.

With youth vaping rates on the rise, we feel there's never been a more important time for educators, coaches, and school administrators to talk to their students about the risk of vaping. We've put together some resources below to help you find out how to start the conversation, educate adolescents on the health risks and other effects of e-cigarettes, and where to find help to support a student who is in the process of quitting vaping. For more tips to help prevent substance misuse among youth, subscribe to our "Know! Tips" at <https://bit.ly/PAA-newsletter-signup>. Know! provides ongoing, timely, and relevant information about the latest trends in behavioral health and substance misuse prevention with an eye towards how parents and teachers can use that information to support young people.

## [E-cigarettes and Youth: What Educators and Coaches Need to Know](#)

This fact sheet from the [Centers for Disease Control and Prevention](#) highlights key information adults should know so they can identify when a student might be using e-cigarettes and facilitate meaningful conversations.

## [E-cigarettes, "Vapes", and JUULs: What Schools Should Know](#)

Created by [The American Lung Association](#), this fact sheet serves as a primer for educators and school staff on teenagers' use of e-cigarettes and what can be done at the school level to educate adolescents, to prevent initial use of vaping products, and to support students who are in the process of quitting vaping.

## [JUUL in School: Teacher and Administrator Awareness and Policies of E-Cigarettes and JUUL in U.S. Middle and High Schools](#)

Conducted by [Truth Initiative](#), this national survey of middle and high school teachers and administrators measured e-cigarette awareness, policies, and barriers to enforcement in schools. In addition to the survey, the report also includes insights and recommendations for how schools can address the issue of adolescents using e-cigarettes.

### **The Real Cost of Vaping**

Created in partnership with the [U.S. Food and Drug Administration](#) and hosted by [Scholastic's teacher resources directory](#), this lesson plan guide provides tools for educators working with students in grades 6–8 and 9–12 to discuss the health risks and other effects of e-cigarette use. The kit includes articles for students to read, activities, and more.

### **Tobacco, Nicotine and Vaping Lesson Plan and Activity Finder**

The [National Institute on Drug Abuse for Teens](#) offers a myriad of resources, including a lesson plan library for educators. The directory includes a section on tobacco, nicotine, and vaping, which provides lesson plans for different age groups ranging from grades 5–8 to grades 9–12.

### **Stanford Tobacco Prevention Toolkit**

*You and Me, Together Vape-Free curriculum*, which is part of the [Stanford Tobacco Prevention Toolkit](#), is a 6-lesson theory-based and evidence-informed curriculum created by the Stanford REACH Lab as well as by Stanford's Youth Action Board, educators, healthcare providers, and scientists across the United States.

### **Ohio's E-Cigarette Regulations**

This website, put together by the [Public Health Law Center at Mitchell Hamline School of Law](#), answers frequently asked questions regarding e-cigarette regulations within the state of Ohio - linking to the specific codes within Ohio law.

## ABOUT PREVENTION ACTION ALLIANCE

PAA is a nonprofit that helps prevent substance misuse and promote mental health and wellness. We provide resources and technical assistance to individuals, families, and communities to help educate, empower and advocate.

614.540.9985 / [preventionactionalliance.org](http://preventionactionalliance.org)



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