










APRIL 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <u>Check in on your neighbors!</u>
2  <u>Discuss decision making over dinner.</u>	3  <u>Take a DEEP DIVE into culture & self-worth!</u>	4  <u>Help your teen quit tobacco or vaping.</u>	5 <u>Advocate for Prevention #AdvocacyDay</u>	6 <u>FLIP IT!</u>	7 Register! 	8 PROMOTE NEW Habits
9  <u>Learn about the saving power of prevention!</u>	10 NATIONAL SIBLINGS DAY	11  <u>Drink your water! Get some sun!</u>	12 <u>Download our grief resources packet.</u>	13  <u>Explore new resources!</u>	14  <u>INVEST IN YOURSELF</u>	15 <u>Tooth tips!</u> 
16 <u>Read prevention factors</u> 	17 <u>Register For PAX Training for Human Service Professionals</u>	18 <u>Register for the Evaluate RX Misuse Webinar</u>	19 <u>Join tomorrow's ADVOCACY Webinar.</u>	20 <u>Know the facts on Marijuana and Driving</u>	21 GO GREEN IN APRIL	22 <u>Clean out your medicine cabinets.</u> 
23  PET TIME	24 <u>Smiles go a long way- share one with your family.</u>	25 <u>Discuss underage drinking!</u>	26 <u>connect with friends</u>	27 <u>Talk college with your teens.</u>	28 <u>Friday Family Fun Time!</u> 	29 MAKE TIME FOR CHORES! 
30  <u>Are your food habits healthy?</u>	Click the links for short activities you can do to help support <u>everyday prevention</u> in your community.					

Prevention
Action Alliance

Share on social media
#EveryoneHasARole