






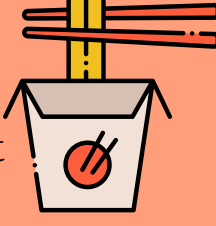










JUNE 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Pick three friends to share this calendar with!	2 <u>Set family GOALS</u>	3 
4  Wear orange for gun violence awareness.	5 <u>Know! to start a conversation!</u>	6 Take a family walk, catch some fresh air.	7 <u>What is caregiver stress?</u> 	8 How are your friendships? 	9 <u>Hobby Hour.</u> 	10 <u>INVEST!</u> in prevention.
11 National Say, "Hi" Day. 	12 <u>MENS' HEALTH WEEK</u>	13  <u>Create a summer bucket list</u>	14 	15  Art Time	16 <u>Practice gratitude</u>	17 Eat food from a different culture. 
18 	19 Juneteenth 	20 Lightning Safety Awareness Week 	21 	22 Empower youth decision making. 	23 <u>"It takes a village..."</u> 	24  #MyFamilySelfie
25 <u>Make a big breakfast to kickstart your day!</u>	26 Anxiety in Youth 	27 	28 <u>Discuss racial justice with Elmo</u>	29 Raise Awareness for Mental Illness	30  Discuss model behavior and personal control	

Click the links for short activities you can do to help support [everyday prevention](#) in your community.

Prevention
Action Alliance

Share on social media
#EveryoneHasARole