

5 Ways Drug Use Impacts Health



RISK OF ADDICTION

Repeated and long-term use of alcohol, tobacco, marijuana, or other drugs can cause an addiction.



MENTAL HEALTH ISSUES

Chronic drug use can lead to a wide variety of mental health issues, including paranoia, depression, anxiety, aggression, and more.



BREATHING PROBLEMS

Smoking can lead to bronchitis, emphysema, and lung cancer. Opiates may slow breathing, block airways, or worsen asthma symptoms.



INFECTIOUS DISEASES

Drug use weakens the immune system and is linked to behaviors like needle sharing. This raises a person's risk for HIV and Hepatitis.



HEART ATTACK

Most drugs adversely affect the cardiovascular system, causing abnormal heart rates or even heart attacks.

